

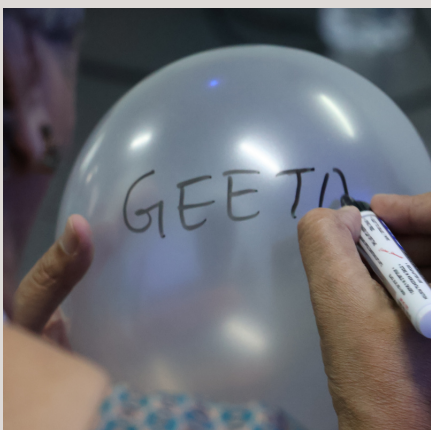


The background image shows a presentation screen with a banner for a 'TRAINING OF TRAINERS WORKSHOP'. The banner includes logos for the Indian Association of Palliative Care, Greater Tezpur, and SERGIO. The text on the banner reads: 'REPORT ON TRAINING OF TRAINERS', '6th to 8th November 2025', '6TH NOV 2025 - 8TH NOV 2025', 'Organized by Baptist Christian Hospital, Tezpur in collaboration with Indian Association of Palliative Care'. The screen is part of a computer setup, with a taskbar at the top showing icons for Recycle Bin, Spirituality Tezpur N., and On 11th Oct. At the bottom of the screen, there is a search bar and system icons.

REPORT ON TRAINING OF TRAINERS

6TH NOV 2025 - 8TH NOV 2025

*Organised by:
Baptist Christian Hospital
in collaboration with
Indian Association of Palliative Care*



OVERVIEW OF THE PROGRAMME



A Training for Trainers Programme on Palliative Care was conducted by Baptist Christian Hospital in collaboration with the Indian Association of Palliative Care, supported by Rotary Greater Tezpur and Sergio Remedies Private Limited. The programme focused on training the participants in different aspects of Palliative Care. It was a continuous three day training from 6th Nov 2025 to 8th Nov 2025 where various important topics were covered.

On the first day, introduction to Palliative Care, role of people involved, pain management, communication skills, and spirituality were discussed. The second day included topics such as general psychological issues, home care services, community mobilisation and involvement, care of the dying, role of caregivers,



burden, and distress. The third day concluded with understanding death, grief and bereavement, role of medical social workers, addressing social issues, and social rehabilitation. The facilitators of the training were Dr Geeta Joshi (President of IAPC, Former Chief Executive Officer, Community Oncology Center, The Gujarat Cancer Society, Prof & Head, Department of Palliative Medicine Dy Director, Gujarat Cancer & Research Institute, Ahmedabad, Gujarat, India) along with Dr Yashavant Joshi (Chairman, UNNAT, Vadodara, Gujarat), Dr Hiranya Das (IAPC, NE CC Member, Deputy Director, Division of Epidemiology & Nutrition ICMR-RMRC, NE Region Dibrugarh, Assam), Dr Dinesh Goswami (Secretary cum CEO Guwahati Pain and Palliative Care Society) and Dr Obangjungla (Former Joint Director, Health and Family Welfare Nagaland). A total of 20 participants from different backgrounds took part in the programme.

ACTIVITIES AND ENGAGEMENT SESSIONS

Along with the technical sessions and responsibilities taught, several activities and short video screenings were conducted to make the sessions more engaging and meaningful. One such activity involved each participant blowing a balloon, writing their name on it, and throwing it in the air. Later they were asked to find their own balloon, which created a scene of chaos. It was then realised that if everyone simply picked the nearest balloon and handed it to the person whose name was on it, the task would be completed more easily. This activity taught the importance of helping one another and focusing on we and us rather than I and me.

Various video clips highlighting hard work, resilience, and persistence were shown. Role plays demonstrating the difference between negative and positive attitudes of attending doctors were also performed. Through these activities, the participants developed a deeper understanding of empathy, sympathy, apathy, and pity while dealing with patients, their family members, and life situations.



A separate one-day Palliative Care training was conducted for doctors on 08 November 2025, with Dr Geeta Joshi, Dr Obang Jungla, Dr Raghu Thota, Dr Nandan Choudary, and Dr Dinesh Goswami as the resource persons. A total of 13 participants attended the programme.

The sessions covered important topics such as introduction to Palliative Care, breaking bad news and difficult conversations, pain assessment and management, goals of care and transitioning to Palliative Care, pharmacological and non-pharmacological approaches, Palliative Care in children, adolescents and emergency settings, ethical aspects in ICU, and spiritual support. The training helped participants strengthen their understanding and skills in delivering compassionate palliative care.

CONCLUSION AND CLOSING CEREMONY



The training programme was successfully conducted with the support of the facilitators, organisers, donors, and the active participation of all attendees. The donors, Sergio Remedies Pvt. Ltd. and Rotary Greater Tezpur, played an important role in supporting the event.

On the final day, certificates were distributed to each participant, and the programme concluded with a note of gratitude and a promise to apply the lessons learned and to meet again in the future.

